

Physical Education Concept Curriculum Map

| Big Ideas | EYFS | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|-------------------------|--|----------------|----------------|------------|-----------|------------|-----------|
| Understanding the body | Managing own basic hygiene and personal needs Understand the importance of healthy food choices | Invasion | Invasion Games | Athletics | Hockey | | Tennis |
| | | | | | | | |
| The joy of movement | Move energetically, running, jumping, dancing, hopping, skipping and climbing | Dance | Dance | Dance | Dance | Dance | Dance |
| | | | | | | | |
| Personal Challenge | -Team Games, -Sports Day, -Developing strength and balance through perseverance | Invasion Games | Invasion Games | Athletics | Athletics | Athletics | Athletics |
| | | Athletics | Athletics | Swimming | Swimming | Swimming | Swimming |
| Movement in society | -Basic Gymnastics -Dance | Gymnastics | Gymnastics | Gymnastics | | Gymnastics | |
| | | | | OAA | | | |
| Teamwork and Leadership | -Team Games -Sports Day | Multi Skills | Multi Skills | Rounders | Cricket | Cricket | Netball |
| | | | | Basketball | Netball | Handball | Rounders |
| | | | | Football | Football | Football | Tag Rugby |